

KU1DSCSAN104 : THE POETIC REALM OF KALIDASA

Semester	Course Type	Course Level	Course Code	Credits	Total Hours
I	DSC	100-199	KU1DSCSAN104	4	75

Learning Approach (Hours/ Week)			Marks Distribution			Duration of ESE (Hours)
Lecture	Practical/ Internship	Tutorial	CE	ESE	Total	
3	2	1	30	70	100	2

Course Description:

This course delves into the rich and captivating literary world of Kalidasa one of Ancient India’s most celebrated poets and playwrights. Through this course students will gain a comprehensive understanding of his contributions to Sanskrit literature and his enduring influence on world literature. After the introduction, it proceeds to explore some of his most famous works examining their themes characters and stylistic techniques. Through close reading and analysis students will explore the cultural philosophical and aesthetic dimensions of Kalidasa’s writings including his portrayal of love, nature, and the human condition.

Course Prerequisite: NIL

Course Outcomes:

CO No.	Expected Outcome	Learning Domains
1	Understand the Literary works of Kalidasa including his Major works with a specific focus on his use of similes and nature depiction	U
2	Identify interpret and analyse the similes used by Kalidasa, exploring their symbolic significance, aesthetic appeal and rhetorical functions	An
3	Develop a deep appreciation for Kalidasa’s vivid and evocative portrayal of nature examining how he uses natural imagery to convey emotions, enhance the atmosphere and deepen thematic resonance in his works	An
4	Sharpen their critical thinking skills by evaluating scholarly interpretations of Kalidasa’s works and formulating their own informed perspectives.	E
5	Engage in creative writing exercises inspired by Kalidasa’s works	C

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***Remember (R), Understand (U), Apply (A), Analyse (An), Evaluate (E), Create (C)**

Mapping of Course Outcomes to PSOs

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7
CO 1	✓			✓			
CO 2		✓					
CO 3			✓				✓
CO 4			✓			✓	
CO 5						✓	✓

COURSE CONTENTS

Contents for Classroom Transaction:

M O D U L E	U N I T	DESCRIPTION	HOURS
		MODULE TITLE : Kalidasa – A celebrated poet in Sanskrit	15
1	1	Kalidasa – Date and Life	
	2	Kalidasa’s works – An overview	
	3	Ritusamharam - Summary	
	4	Meghadutam- summary and selected verse धूमज्योतिःसलिलमरुतां संनिपातः क्व मेघः सन्देशार्थाः क्व पटुकरणैः प्राणिभिः प्रापणीयाः । इत्यौत्सुक्यादपरिगणयन् गुह्यकस्तं ययाचे कामार्ता हि प्रकृतिकृपणाश्चेतनाचेतनेषु॥१.५॥	

		Mahakavyas of Kalidasa	15
2	1	Kumarasambhavam - Summary	
	2	Selected Verse from Kumarasambhava पशुपतिरपि तान्यहानि कृच्छ्रादगमयदद्विसुतासमागमोत्कः । कमपरमवशं न विप्रकुर्युर्विभुमपि तं यदमी स्पृशन्ति भावाः ॥ (Kumarasambhava ६.१५ ॥ पत्युः शिरश्चन्द्रकलामनेन स्पृशति सख्या परिहासपूर्वम् । सा रञ्जयित्वा चरणौ कृताशीर्मात्येन तां निर्वचनं जघान ॥(Kumarasambhava ७.१९ ॥	
	3	Raghuvamsam - Summary	
	4	Selected Verse from Raghuvamsam	

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		<p>मरणं प्रकृतिः शरीरिणां विकृतिर्जीवितमुच्यते बुधेः । क्षणमप्यवतिष्ठते श्वसन्यदि जन्तुर्ननु लाभवानसौ ॥(Raghuvamsa ८-८७॥ प्रजानां विनयाधानाद्रक्षणाद्भ्रमणादपि । स पिता पितरस्तासां केवलं जन्महेतवः ॥ Raghuvamsa १.२४ ॥</p>	
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		Dramas of Kalidasa	15
3	1	Kalidasa as a playwright	
	2	Malavikagnimitram – Summary and selected verse from the drama श्लिष्टा क्रिया कस्यचिदात्मसंस्था संक्रान्तिरन्यस्य विशेषयुक्ता। यस्योभयं साधु स शिक्षकाणां धुरि प्रतिष्ठापयितव्य एव॥	
	3	Vikramorvasiyam – Summary and selected verse from the drama गतं भयं भीरु सुरारिसम्भवं त्रिलोकरक्षी महिमा हि वज्रिणः। तदेतदुन्मील्य चक्षुरायतं महोत्पलं प्रत्युषसीव पद्मिनी॥	
	4	Abhijnanasakuntalam – Prominence	

		Abhijnanasakuntala Textual study	15
4	1	Abhijnanasakuntala – Summary	
	2	Abhijnanasakuntala Act 1 – Detailed study from verses 15 to 20	
	3	Abhijnanasakuntala Act 1 – Detailed study from verse 21 up to verse 25	
	4	Abhijnanasakuntala Act 1 – Detailed study from verse 26 up to verse 31	

		Teacher Specific Module	15
5	<i>Poem recitation, Creative writing, screenplay etc</i>		
	<i>The teacher in charge of the course may introduce students to any areas related to the four modules above or give specific tasks such as review of books/ articles/ field visits/ report making and digital content creation. This can account for any two components of continuous evaluation.</i>		

Essential Readings:

1. Kalidasasahityasarvasvam – Sudhamsu Chaturvedi
2. The complete works of Kalidasa (poems), English Translation, Bharatiya Book Corporation, Delhi, 2009
3. The complete works of Kalidasa (Dramas), English Translation, Bharatiya Book Corporation, Delhi, 2009
4. Samskritasahityacaritram, 2volumes, Dr.K.Kunjuniraja ans Dr.M.S.Menon, Kerala Sahitya Academy, Thrissur

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Suggested Readings:

1. Kalidasa: His Art and culture, Krishnamurti Sharma, Motilal Banarsidass, Delhi
2. Kalidasa’s Plays : Abhijnanasakuntalam and Vikramorvasiyam, M.R.Kale (Tr.), Motilal Banarsidass
3. Kalidasa’s Sakuntala : A Reader’s Guide, Michael Lockwood, OUP, India
4. Kalidasa : Translations of Shakuntala and Other works, Arthur W Ryder, Dover Publications.

Assessment Rubrics:

Evaluation Type		Marks
End Semester Evaluation		70
Continuous Evaluation		30
a)	Test Paper- 1	5
b)	Test Paper-2	5
c)	Assignment	10
d)	Seminar	5
e)	Book/ Article Review	
f)	Viva-Voce	5
g)	Field Report	
Total		100

KU1MDCSAN102: YOGA FOR WELLNESS

Semester	Course Type	Course Level	Course Code	Credits	Total Hours
1	MDC	100-199	KU1MDCSAN102	3	45

Learning Approach (Hours/ Week)			Marks Distribution			Duration of ESE (Hours)
Lecture	Practical/ Internship	Tutorial	CE	ESE	Total	
3	0	1	25	50	75	1.5

Course Description:

This course aims to provide students with a deep understanding of the ancient practice of yoga, exploring its roots and its relevance in modern life. The curriculum includes a variety of modules, such as the aims of yoga, which delve into its philosophical and spiritual foundations and how they guide practitioners toward self-realization and harmony. The course also covers yoga's impact on mental health, highlighting its therapeutic benefits in alleviating stress, anxiety, and depression. Additionally, students will learn about the significance of breathing exercises, or pranayama, and their role in regulating the mind and body to enhance overall well-being. Through theoretical knowledge and practical application, students will discover the transformative power of yoga in fostering physical, mental, and emotional health. In addition, the course will address how yoga can be integrated into a holistic approach to health, encompassing diet, lifestyle, and personal development. This unique offering by Kannur University is designed to empower students with the knowledge and skills necessary to apply yogic principles to their personal and professional lives. By the end of the course, students will have a solid foundation in yoga science, equipping them with tools for lifelong wellness and self-discovery.

Course Prerequisite: NIL**Course Outcomes:**

CO No.	Expected Outcome	Learning Domains
1	Gain an understanding of yoga's historical roots, philosophical underpinnings, and its role in personal growth and development.	U

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2	Explore how yoga serves as a tool for enhancing mental well-being, managing stress, and fostering emotional resilience.	U
3	Develop proficiency in various breathing exercises and recognize their significance in promoting both physical and mental health.	A
4	Appreciate the holistic nature of yoga and its synergy with a well-rounded lifestyle, encompassing nutrition, rest, and physical activity.	An
5	Cultivate the ability to incorporate diverse yoga techniques into daily life for enhanced overall health and heightened self-awareness.	E&C

***Remember (R), Understand (U), Apply (A), Analyse (An), Evaluate (E), Create (C)**

Mapping of Course Outcomes to PSOs

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7
CO 1		✓					
CO 2			✓				
CO 3			✓				
CO 4			✓		✓	✓	
CO 5				✓			✓

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COURSE CONTENTS

CONTENT FOR CLASSROOM TRANSACTION (UNITS)

Module	Course description	Hours
Title	Yoga and its aims	9
Unit 1.1	Meaning, definition and aims of Yoga.	
1.2	Sanskrit Textual Traditions of Yoga.	
1.3	different branches of Yoga – Bhakti Yoga, Jnana Yoga – Raja Yoga- Karma Yoga- Hatha Yoga and Kundalini Yoga.	
1.4	Ashtangas of yoga.	
Title	Yoga and mental health	9
Unit 2.1	Psychological Foundation of Yoga	
2.2	Nature of mind and the states of mind.	
2.3	The five states of Chitta or mind stuff – Moodham (dull mind), Kshiptam (dissipated mind), Vikshiptam (Oscillating mind), Ekagram (Concentrated mind), Nirudham (beyond the three gunas).	
	Five kinds of Vrittis (Mental modifications),	
Title	Breathing exercises/Pranaayama and its importance.	9
3.1	Kaphalapathi	
3.2	Seethali	
3.3	Seetkari	
3.4	Bramari	
Title	Health and Yoga	9
Unit 4.1	Asanas and their importance	
4.2	1. Savasana, 2. Padmasana, 3. Mayoorasana, 4. Bhujangasana, 5.Salabhasana, 6. Matsyendrasana, 7. Ushtrasana, 8. Kukutasana 9. Kurmasana, 10.Garudasana	
Title	Teacher specific content. <i>The teacher in charge of the course may introduce students to any areas related to the four modules above or give specific tasks such as review of books/ articles/ field visits/ report making and digital content creation. This can account for any two components of continuous evaluation.</i>	9

Essential Readings:

1. Yogasutra of Patanjali, Translation and commentary by Swami Sacchidananda,Integral yoga Publications
2. Yogic Exercises for fit and the ailing, S.Muzumdar, Orient Longmans Ltd, Madras

Suggested Readings:

- 1.Impact of Yoga in body and mind by dr. Dr. V.K. Subrahmanian, Thottada, Kannur.

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2.Rajayoga of Swami Vivekananda ,Ramakrishnamata.

3.Hathayoga Pradipika, Swami Mukthibodhananda, Yoga Publication trust,Munger,Bihar

Assessment Rubrics:

Evaluation Type		Marks
End Semester Evaluation		50
Continuous Evaluation		25
a)	Test Paper- 1	5
b)	Test Paper-2	5
c)	Assignment	5
d)	Seminar	5
e)	Book/ Article Review	
f)	Viva-Voce/ Practical	5
g)	Field Report	
Total		75

Employability for the Course: The employability of a course in Yoga for wellness is promising, especially in the growing fields of holistic health, wellness, and integrative medicine. Graduates with a strong understanding of yogic principles, practices, and their applications in promoting health and well-being are well-positioned to pursue diverse career opportunities in both traditional and emerging sectors.

KU1AECSAN101: SAMSKRITHA KAVYAPRAVESIKA

Semester	Course Type	Course Level	Course Code	Credits	Total Hours
1	AEC	100-199	KU1AECSAN101	3	60

Learning Approach (Hours/ Week)			Marks Distribution			Duration of ESE (Hours)
Lecture	Practical/ Internship	Tutorial	CE	ESE	Total	
2	2	0	25	50	75	1.5

Course Description:

This course offers a comprehensive exploration of select Sanskrit literary classics, including Itihasam (Epics), Upanyasamalika (Narratives), and Kavyamritam (Poetry), providing students with an in-depth understanding of the cultural, philosophical, and aesthetic dimensions of ancient Indian literature. Through a combination of lectures, readings, discussions, and practical exercises, students will inquire into the richness and diversity of Sanskrit literary tradition, gaining insight into its historical, social, and linguistic contexts. (This course is designed for the students of Arts and Humanities stream)

1. Kavyamritam (Poetry):

- This module will focus on studying classical Sanskrit poetry, including works by renowned poets such as Kalidasa, Bharavi, and Magha.
- Students will analyze the aesthetic elements, literary techniques, and thematic richness of Sanskrit poetry and its cultural and philosophical significance.

2. Itihasam (Epics):

- This module will focus on the two great epics of Sanskrit literature, the Ramayana and the Mahabharata.
- Students will explore the mythic narratives, heroic tales, moral dilemmas, and philosophical themes presented in these epics, as well as their impact on Indian culture, society, and religion.

3. Upanyasamalika (Narratives):

- Students will examine select narrative texts from Sanskrit literature, such as the Hitopadesha, the Kathasaritsagara, and the Panchatantra.
- Through close reading and analysis, students will explore the art of storytelling, the portrayal of human virtues and vices, and the moral lessons conveyed through these narratives.

4. Linguistic Proficiency:

- Throughout the course, students will develop and enhance their proficiency in the Sanskrit language, including reading, writing, comprehension, and translation skills.

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Course Prerequisite: Basic understanding of Sanskrit literature and language and general interest in Indian cultural and ethical nuances.

Course Outcomes:

CO No.	Expected Outcome	Learning Domains
1	Comprehensive Understanding of Sanskrit Literary Classics: Students will develop a comprehensive understanding of select Sanskrit literary classics, including religious texts (Dharmikam), epics (Itihasam), narratives (Upanyasamalika), and poetry (Kavyamritam).	U
2	Philosophical and Ethical Insight: Through the study of religious texts and epics, students will gain insight into key philosophical concepts, ethical teachings, and moral dilemmas presented in Sanskrit literature, enriching their understanding of Indian philosophy and spirituality.	R & U
3	Cultural Appreciation: Students will develop a deep appreciation for the cultural heritage of India as reflected in Sanskrit literature, including its myths, legends, heroic tales, and aesthetic traditions, fostering a sense of cultural identity and appreciation for diversity.	An
4	Literary Analysis and Interpretation: Students will acquire skills in literary analysis and interpretation, learning to evaluate themes, motifs, and literary techniques employed in Sanskrit literary classics, and to articulate their insights through written analysis and discussion.	An & E
5	Linguistic Proficiency: Through engagement with Sanskrit texts in their original language, students will enhance their proficiency in the Sanskrit language, including reading, writing, comprehension, and translation skills, enabling them to access and appreciate classical Sanskrit literature in its authentic form.	A & An
6	Interdisciplinary Perspective: The course will foster an interdisciplinary perspective, encouraging students to explore connections between literature, religion, philosophy, history, and art within the context of Sanskrit literary classics, fostering	E
7	Comprehensive Understanding of Sanskrit Literary Classics: Students will develop a comprehensive understanding of select Sanskrit literary classics, including religious texts (Dharmikam), epics (Itihasam), narratives (Upanyasamalika), and poetry (Kavyamritam).	U & C

**Remember (R), Understand (U), Apply (A), Analyse (An), Evaluate (E), Create (C)*

Mapping of Course Outcomes to PSOs

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7
CO 1	✓			✓			
CO 2		✓			✓		
CO 3			✓				
CO 4			✓			✓	
CO 5	✓			✓			
CO 6					✓		
CO 7	✓						✓

COURSE CONTENTS

CONTENT FOR CLASSROOM TRANSACTION (UNITS)

Module	Course description	Hours
Title	धार्मिकम्	12
Unit 1.1	सुभाषितानि (8 सुभाषितानि भावतले)	
1.2	कथा (महामनीषी चाणक्यः)	
Title	काव्यामृतम्	12
Unit 2.1	काव्यम्- महाकाव्यम्	
2.2	महाकवि कालिदासः- कालिदासकाव्यानि	
2.3	उपमा कालिदासस्य	
2.4	श्लोकमालिका (Kumarasambhava canto -5 3 to7 श्लोकानि)	
Title	इतिहासम्	12
Unit 3.1	भारतीयेतिहासपरिचयः	
3.2	रामायणस्य उत्पत्तिकथा-रामायणस्य रचनाकालः-रामायणस्य वैशिष्ट्यम्	
3.3	रामायणम् (selected 15 श्लोकानि) (रामयणं आरण्यकाण्डम्) जटायोर्वीर्यपराक्रमम्	
Title	उपन्यासमालिका	12
Unit 4.1	उपन्यासलेखनं कथम्	
4.2	तेय्यम् कला तथा मलबार देशसंस्कृतिः	
4.3	तेय्यम् – पौराणिक उत्पत्ति कथा (विष्णुमूर्ति, भैरवन तेय्यम्, वैरजातन् तेय्यम्, बालि तेय्यम्, तिरुवर्ककाट्ट भगवति, पलोट तेय्यम्, पोर्टटन् तेय्यम्)	

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Title	Teacher specific content. <i>The teacher in charge of the course may introduce students to any areas related to the four modules above or give specific tasks such as review of books/ articles/ field visits/ report making and digital content creation. This can account for any two components of continuous evaluation.</i>	12
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Essential Readings:

1. Selected verses (Verses are appended herewith as Appendix I)
1. Vyavaharapradeepa, second part, vol 2 Rastriya Sanskrit Sansthan, New Delhi 2004
2. Kumarasambhava Mahakavya of Kalidasa, Sanjivani commentary, Chaukhambha Sanskrit sansthan, 2005.
3. Samskrita Nibandha satakam, Dr.Kapiladeva Dwivedi, viswavidyalaya Prakaasan, Varanasi. Ramayana Aranyakanda
4. ,Geetha Press, Ghorakpur
5. Deepasikha, Dr. K H Subrahmanian, Kairali Press, 2004
6. Prabandha Samgraha, Viswasamskrita Pratishthanam

Reference Distribution:

Module	Unit	Reference No.	Page Nos.	Remarks
1	1.1	1	1	Appendix 1
	1.2	2	515	
2	2.1	3	--	
	2.2	3	--	
	2.3	3	--	
	2.4	4	--	Canto 5 sloka 3 to 7 Kumarasambhava mahakavya
3	3.1	4	20-22	Ramya Ramaayani Katha
	3.2	4	20-22	Ramya Ramaayani Katha
	3.3	5	1	Appendix 2 Aranyakanda (sarga 49-36,37,38 sarga 50-1,2,7,21,22,23 sarga 51-4,5,6,10,11,38)
4	4.1	7	1-2	
	4.2	6	81-85	(Article Teyyam)
	4.3	6	81-85	(Article Teyyam)

Suggested Readings:

1. Kalidasa sahitya sarvaswam - Dr. Sudhamsu Chaturvedi
2. Krishnamachariar.M, *History of Classical Sanskrit Literature*, Motilal Banarsidass, Varanasi, 1937.
3. Samskritha Sahithya Charithram Edited by Dr. Kunjunni Raja and Dr.M S Menon, Kerala Sahitya Academy, Thrissur.
4. A Short History of Sanskrit Literature - T. K. Ramachandra Iyer. R.S.Vadyar & Sons, Kalpathi, 1984.
5. Samskrita Sahityetihasa- Acharya Lokamani Dahal, Krishnadas Accademi, 1999.
6. Eassays on Sanskrit Literature,Sadhu Ram, (1965) Munshi Ram Mohan Lal

Assessment Rubrics:

Evaluation Type		Marks
End Semester Evaluation		50
Continuous Evaluation		25
a)	Test Paper- 1	5
b)	Test Paper-2	5
c)	Assignment	5
d)	Seminar	5
e)	Book/ Article Review	5
f)	Viva-Voce	
g)	Field Report	
Total		75

Employability for the Course: The employability of this course is multifaceted, offering opportunities in Content creation, Heritage tourism, Cultural promotion and preservation, and Digital Humanities and Technology

Appendix 1

सुभाषितानि

1. आतुरे व्यसने प्राप्ते दुर्भिक्षे शत्रुसङ्कटे ।

- राजद्वारे श्मशाने च यस्तिष्ठति स बान्धवः ॥ ०१-१२
2. परोक्षे कार्यहन्तारं प्रत्यक्षे प्रियवादिनम् ।
वर्जयेत्तादृशं मित्रं विषकुम्भं पयोमुखम् ॥ ०२-०५
3. रूपयौवनसम्पन्ना विशालकुलसम्भवाः ।
विद्याहीना न शोभन्ते निर्गन्धाः किंशुका यथा ॥ ०३-०८
4. अतिरूपेण वा सीता अतिगर्वेण रावणः ।
अतिदानाद्बलिर्बद्धो ह्यतिसर्वत्र वर्जयेत् ॥ ०३-१२
5. एकेनापि सुवृक्षेण पुष्पितेन सुगन्धिना ।
वासितं तद्वनं सर्वं सुपुत्रेण कुलं यथा ॥ ०३-१४
6. एकेन शुष्कवृक्षेण दह्यमानेन वह्निना ।
दह्यते तद्वनं सर्वं सुपुत्रेण कुलं यथा ॥ ०३-१५
7. एकेनापि सुपुत्रेण विद्यायुक्तेन साधुना ।
आह्लादितं कुलं सर्वं यथा चन्द्रेण शर्वरी ॥ ०३-१६
8. किं जातैर्बहुभिः पुत्रैः शोकसन्तापकारकैः ।
वरमेकः कुलालम्बी यत्र विश्राम्यते कुलम् ॥ ०३-१७

KU1AECSAN102: SAMSKITHA KAVYAMANJARI

Semester	Course Type	Course Level	Course Code	Credits	Total Hours
1	AEC	100-199	KU1AECSAN102	3	60

Learning Approach (Hours/ Week)			Marks Distribution			Duration of ESE (Hours)
Lecture	Practical/ Internship	Tutorial	CE	ESE	Total	
2	2	0	25	50	75	1.5

Course Description:

This interdisciplinary course offers a comprehensive exploration of Sanskrit literature, covering diverse genres such as narrative, cultural studies, epics, works by Kerala Sanskrit authors, and aphorisms. Through a combination of lectures, readings, discussions, and practical exercises, students will enter into the richness and depth of Sanskrit literary tradition, gaining insight into its historical, cultural, and philosophical dimensions. (This course is designed for the students of Science stream)

Kathaparcayam (Introduction to Stories):

- Students will be introduced to various forms of storytelling in Sanskrit literature, including fables, folktales, myths, and epics.
- Through close reading and analysis of texts such as the Panchatantra, Hitopadesha, and Kathasaritsagara, students will explore the narrative structures, themes, and moral teachings embedded in these stories.

Samskr̥tikam (Cultural Studies):

- This module will examine the cultural heritage of India as reflected in Sanskrit literature, art, philosophy, religion, and social customs.
- Students will explore topics such as rituals, festivals, social norms, and gender roles, gaining insight into the diverse cultural landscape of ancient India.

Itihasam (Epics):

- Students will study the two great epics of Sanskrit literature, the Ramayana and the Mahabharata, examining their mythic dimensions, historical contexts, and philosophical themes.

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- Emphasis will be placed on the characters, moral dilemmas, and ethical teachings presented in these epics, as well as their impact on Indian society and culture.

Kerala Sanskrit Authors:

- This module will focus on the contributions of Sanskrit authors from Kerala to the literary heritage of India.
- Students will study the works of notable authors such as Sukumarakavi, Kulasekhara, Melputhur Narayana Bhattapada examining their contributions to poetry, drama, prose, and literary criticism.
- Through textual analysis and discussion, students will gain insight into the unique literary traditions of Kerala and their significance within the broader context of Sanskrit literature.

By the end of the course, students will have acquired a deep appreciation for the diversity and richness of Sanskrit literature, as well as the cultural, philosophical, and historical contexts that have shaped its development over millennia. Through engagement with texts and critical analysis, students will develop skills in literary interpretation, cultural understanding, and interdisciplinary inquiry, enriching their understanding of both Sanskrit literature and Indian civilization.

Course Prerequisite:

Preliminary knowledge of Sanskrit Literature and language and a basic interest in cultural and ethical nuances of the Indian context.

Course Outcomes:

CO No.	Expected Outcome	Learning Domains
1	Comprehensive Understanding of Sanskrit Literature: Students will develop a comprehensive understanding of Sanskrit literature, encompassing diverse genres such as narrative (Kathaparicayam), cultural studies (Samskritikam), epics (Itihasam), works by Kerala Sanskrit authors, and aphorisms (Subhasitas).	U
2	Analytical Skills: Through close reading, critical analysis, and interpretation of Sanskrit texts, students will hone their analytical skills, enabling them to discern underlying themes, motifs, and philosophical insights present in the literature.	An
3	Cultural Appreciation: Students will gain a deep appreciation for the cultural heritage of India as reflected in Sanskrit literature, including its rich tapestry of myths, legends, rituals, social customs, and philosophical traditions.	A & An
4	Interdisciplinary Perspective: The course will foster an interdisciplinary approach to the study of Sanskrit literature, encouraging students to	E

SEMESTER 5UGP “SUBJECT NAME”

	explore connections between literature, history, philosophy, religion, art, and society.	
5	Linguistic Proficiency: Through engagement with Sanskrit texts in their original language, students will enhance their proficiency in Sanskrit language skills, including reading, writing, comprehension, and translation.	R & An
6	Appreciation of Kerala Sanskrit Authors: Students will develop an appreciation for the contributions of Sanskrit authors from Kerala to the broader Sanskrit literary tradition, gaining insight into their unique literary styles, themes, and cultural contexts.	E & C

**Remember (R), Understand (U), Apply (A), Analyse (An), Evaluate (E), Create (C)*

Mapping of Course Outcomes to PSOs

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7
CO 1	✓						
CO 2		✓			✓		
CO 3			✓				
CO 4			✓			✓	
CO 5	✓			✓			
CO 6							✓

COURSE CONTENTS

CONTENT FOR CLASSROOM TRANSACTION (UNITS)

Module	Course description	Hours
Title	मौलिकम्	12
Unit 1.1	सुभाषितपरिचयम्	
1.2	सुभाषितानि (8 सुभाषितानि भावतले)	
1.3	कथासाहित्यपरिचयम्	
1.4	उपदेशकथा (मकर-वानर-कथा)	
Title	आलोचनामृतम्	12
Unit 2.1	काव्यम्/ महाकाव्यम् (केवल परिचयम्)	
2.2	सुकुमारकविः/श्रीकृष्णविलास महाकाव्यम्	
2.3	शकटासुर भञ्जनम् (सर्ग 3, श्लोक 28 to 38)	
Title	इतिहासम्	12

SEMESTER 5UGP “SUBJECT NAME”

Unit	3.1	भारतीयतिहासपरिचयः	
	3.2	रामायणस्य उत्पत्तिकथा/ रामायणस्य वैशिष्ट्यम्	
	3.3	रामायणम् (selected 15 श्लोकानि) (रामयणं आरण्यकाण्डम्) जटायोर्वीर्यपराक्रमम्	
Title		सांस्कृतिकम्	12
Unit	4.1	उपन्यासलेखनं कथम्	
	4.2	संस्कृतवाङ्मयम् सामान्य परिचयः- लघूपन्यासः (वेद-वेदाङ्ग-पुराण-उपनिषद्)	
	4.3	संस्कृतोपासकाः केरलीयकविवराः लघूपन्यासः (शक्तिभद्रः, मेलपत्तुर नारायण भट्टपादाः, डा. के एन् एषुत्तच्छन्, डा. पी. के. नारायणप्पिल्लै, कुलशेखरः)	
Title		Teacher specific content. <i>The teacher in charge of the course may introduce students to any areas related to the four modules above or give specific tasks such as review of books/ articles/ field visits/ report making and digital content creation. This can account for any two components of continuous evaluation.</i>	12

Essential Readings:

1. Appendix 1
2. Vyavaharapradeepa, First part, vol 1, Rastriya Sanskrit Sansthan, New Delhi 2004
3. Sreekrishna vilasa kavya, Sukumarakavi, R S Vadhyar & sons, 2009
4. Samskrita Nibandha satakam, Dr.Kapiladeva Dwivedi, viswavidyalaya Prakaasan, Varanasi.
5. Ramayana, Aranyakanda ,Geetha Press, Ghorakpur
6. Prabandha Samgraha, Viswasamskrita Pratishtanam

Reference Distribution:

Module	Unit	Reference No.	Page Nos.	Remarks
1	1.1	--		
	1.2	2		Appendix 1
	1.3	--		
	1.4	1	312	vol 1
2	2.1	--		
	2.2	3	--	
	2.3	3		(सर्ग 3, श्लोक 28 to 38)
3	3.1	5	20-22	(Ramya Ramayani Katha)

SEMESTER 5UGP "SUBJECT NAME"

	3.2	5	20-22	(Ramya Ramayani Katha)
	3.3	5		Aranyakanda (sarga 49-36,37,38 sarga 50-1,2,7,21,22,23 sarga 51-4,5,6,10,11,38)
4	4.1	6	1-2	
	4.2	--		
	4.3	--		

Suggested Readings:

1. Kalidasa sahitya sarvaswam - Dr. Sudhamsu Chaturvedi
2. Krishnamachariar.M, *History of Classical Sanskrit Literature*, Motilal Banarsidass, Varanasi, 1937.
3. Samskritha Sahithya Charithram Edited by Dr. Kunjunni Raja and Dr.M S Menon, Kerala Sahitya Academy, Thrissur.
4. A Short History of Sanskrit Literature - T. K. Ramachandra Iyer. R.S.Vadyar & Sons, Kalpathi, 1984.
5. Samskrita Sahityetihasa- Acharya Lokamani Dahal, Krishnadas Accademi, 1999.
6. Eassays on Sanskrit Literature, Sadhu Ram, (1965) Munshi Ram Mohan Lal

AssessmentRubrics:

Evaluation Type		Marks
End Semester Evaluation		50
Continuous Evaluation		25
a)	Test Paper- 1	10
b)	Test Paper-2	5
c)	Assignment	5
d)	Seminar	5
e)	Book/ Article Review	
f)	Viva-Voce	
g)	Field Report	
Total		75

Employability for the Course: Samskr̥takāvyaṃaṅjarī is a multifaceted course, offering opportunities in education, research, translation, publishing, cultural preservation, tourism, technology, and consultancy, where graduates can apply their knowledge and skills in Sanskrit literature and culture to diverse professional contexts.

Appendix I

सुभाषितानि (8 सुभाषितानि भावतले)

1. मृगाः मृगैः संगमुपव्रजन्ति गावश्च गोभिस्तुरंगास्तुरंगैः |
मूर्खाश्च मूर्खैः सुधयः सुधीभिः समानशीलव्यसनेष सख्यम् ||
2. क्षणशः कणशश्चैव विद्यामर्थं च साधयेत् ।
क्षणत्यागे कुतो विद्या कणत्यागे कुतो धनम्॥
3. अतितृष्णा न कर्तव्या तृष्णां नैव परित्यजेत् ।
शनैः शनैश्च भोक्तव्यं स्वयं वित्तमुपार्जितम् ॥
4. पृथिव्यां त्रीणि रत्नानि जलमन्नं सुभाषितम् ।
मूढैः पाषाणखण्डेषु रत्नसंज्ञा प्रदीयते ॥
5. लोभमूलानि पापानि संकटानि तथैव च।
लोभात्प्रवर्तते वैरं अतिलोभात्विनश्यति ॥
6. उद्यमेनैव हि सिध्यन्ति, कार्याणि न मनोरथै ।
न हि सुप्तस्य सिंहस्य, प्रविशन्ति मृगाः॥
7. गते शोको न कर्तव्यो भविष्यं नैव चिन्तयेत् ।
वर्तमानेन कालेन वर्तयन्ति विचक्षणाः॥
8. व्यायामात् लभते स्वास्थ्यं दीर्घायुष्यं बलं सुखं।
आरोग्यं परमं भाग्यं स्वास्थ्यं सर्वार्थसाधनम्॥