

**Dept. of Malayalam
Payyanur College**

Certificate Course in Dance - നാടൻ പ്രവർത്തനം

Course Code: PCMALCC02

Medium of instruction: Malayalam

Total Hours: 30 hrs

Programme Overview

The rich cultural heritage of India can be expressively studied and explored through Indian Classical Dances. This certificate course aims to provide basic knowledge of Indian classical dances and is a stepping stone to the ever fascinating world of dances. Though the duration of the course is very short to learn any art form, it gives a light to the path of art forms for an inspired learner.

This program comprises both theory and practical classes with seventy and thirty percent weightage respectively.

This is an innovative programme from the department of Malayalam, Payyanur College.

Objectives:

- To impart and create a basic knowledge of Indian Classical Dances.
- To create a cultural sensitivity to understand and appreciate the dance forms.
- To make them try their talent to dance.
- Inspire and motivate the talented for advanced learning.

SYLLABUS & ASSESSMENT PROCEDURE

Module 1: Indian Culture and Cultural Traditions, Understanding Indian Classical Dances : Bharatanatyam-Mohiniattam-Kathakali-Manipuri-Kathak-Odissi-Kuchipudi-Sattriya (15 Hours)

Module 2: Basic knowledge of Natyaśāstra - Nritta-Nritya-Nātya – Abhinaya – Rasa – Tala. Exercise to tone the body for dancing – eye, head, neck, shoulders, waist, strengthening of thighs, flexing of knees and ankles. (15 Hours)

Certificates will be awarded to all the candidates who successfully complete the following assessment criteria:

1. 75% of attendance
2. More than 35 % mark in the End term theory written examination.