

## **WALK WITH A SCHOLAR 2019-'20 REPORTS**

### **Payyanur College, Payyanur.**

The activities of Walk With A Scholar Programme were initiated early during the very beginning of the academic year 2019-'20. The first meeting of Co-ordinator' were conducted on 10-06-2019 and the college level coordinator attended it without fail. The meeting was well planned and systematic and it provided an insight regarding the WWS activities redesigned as per the feedback as well as the ingenuity of the State Co-ordinator Dr. Murugan. It really motivated the whole team assembled. The co-ordinators from various colleges were also assured by the presence of Finance officers from DD Offices and Finance Department, Thiruvananthapuram, who were ready to support in all the ways for the fruitful completion of the programme.

Meanwhile, new internal mentors were selected from the college for becoming the first year mentors. Teachers viz Dr. Pryanka B, Dr. Vijesh A.M., Ms. Jijina K, Mrs. Nithya K and Dr. Preethi K became the first year mentors respectively from Physics, Chemistry, Mathematics, Economics and Hindi departments. Applications from the corresponding departments were invited by the Co-ordinator and handed over to the concerned teachers. Later the best 6 students were selected according to their attitudes and perspectives, jointly the co-ordinator as well as the internal mentor.

### **I. General Body Meetings Conducted**

Date: 14-06-2019

The debut WWS meeting was scheduled at Zoology Department with the second and final year Internal Mentors. Last years' mentoring activities were discussed in detail and the draw backs were pointed out for rectification. Discussed about the forthcoming State Level WWS workshop going to be conducted at Thiruvananthapuram. Second year mentor Dr. Srejith E.K. promised to take care about the Higher Secondary Directory. Meeting decided to start the internal mentoring sessions of the existing mentees. All recommended monthly sitting with the whole WWS.

Date: 18-09-2019

The selected first year Internal Mentors' meeting was conducted at Zoology Department after the normal class hours. The act of mentoring as well as the vision of the programme was discussed in detail in that session. Ideas from each internal mentor were invited which was followed by an active interaction. Decided to make a general announcement in the College and in the

corresponding first year class rooms of the new mentors, for inviting students. All mentors offered full support for the programme.

Date: 01-10-2019

A general body meeting of the first year mentors and mentees were conducted soon after the selection. Selected students were briefed about the programme and its objectives. Students were also given the opportunity to express their expectations. It was really nice to see the enthusiasm both in mentees as well as the mentors.

Date: 31-10-2019

An internal mentors meeting were carried out the planning of the District Level Mentoring workshop. Various aspects of the workshop was discussed and duties were assigned to different mentors as per their interest, for the smooth running of the workshop. The date of the District Level Workshop was fixed on 11-11-2019 and was conducted meticulously which was well appreciated by all the participants.

Date: 24-01-2020

A general body meeting scheduled at Zoology lab discussed regarding the motivational visit sanctioned. The two districts opted were Palakkad & Trissur. The institutions selected were Kerala Forest Research Institute, Peechi; Kerala State Fire & Safety Rescue Office, Viyyoor; Kerala Agriculture University, Mannuthy and IRTC, Mundur. The dates were kept on 6<sup>th</sup> & 7<sup>th</sup> of February. Dr. Sudheesh & Mrs. Nisha V.K. assured to accompany the coordinator during the tour.

Unfortunately as the Corona Virus epidemic threat has forced us to postpone the visit for 10 days (which was demanded officially), which actually resulted in the total cancellation of the programme. We unanimously feel to bring these problems to the attention of authorities. Early commendation of the rules and regulations as well as the release of funds' permissions visits for the next academic year will take off these kinds of hurdles.

## **II. Internal Mentoring Sessions**

The Internal Mentors started their mentoring sessions immediately after the first general body meeting. A common format was distributed to all internal mentors. The sessions included the detailed interaction with first year students along with taking up their biodata in the case of first year mentors. Both academic as well as the personal details of the mentees were taken in detail. Directions were given to the mentors to develop a cordial relationship with the mentees. All the mentors were provided with photo copies of the power point presentation given to the coordinators at the co-ordinator's meet at Thiruvananthapuram, for the easy and uniform conduct of the internal mentoring sessions.

During this academic year, a total of 127 internal mentoring sessions were conducted by both first, second and third year mentors.

The list of all the mentors as well as the mentees are attached along with the end of this report.

### **III. External Mentoring Sessions**

Date: 21-11-2019

The first External Mentoring Sessions began with Sri. T. Gangadharan, Retired HM and the former State President of Kerala Sastra Sahithya Parishath. It was a wonderful session on **Life on Earth & the importance of proper management**. There was a detailed discussion regarding, water conservation, minimum resource utilization and conservation strategies. Lot of interaction was also there, as students were with lot of confusion regarding the same.

Date: 28-11-2019

A full day session was planned exclusively for I years alone. It was dealt by Mr. Thomas Zachariah, Motivational speaker and Personal Development Trainer, of BICS Academy, Kottayam, who has been working in this field for many years. He conducted a class on **Speak English Easy**. This was really an activity oriented session which was specially planned and designed for the students as all reported a problem in English speaking. It was a really good and busy session which made the whole first years work like a bee.

Date: 29-11-2019

Similar kind of session was given to our second year students, on the very next day by Mr. Thomas Zachariah. Second years also well appreciated the session very well.

Date: 21-02-2019

A full day session on **SWORT Analysis, Making Personal Development Plan, Goal Setting** etc were done by Mr. Muhammed Riyas, Consultant Educational Psychologist. The session was organized for the first year mentees. It was really a good session, in which the students analyzed their own strengths, weaknesses, dreams, hurdles etc.

### **IV. Additional Programme**

As the WWS students were considered as the cream students, we planned to organize a workshop for the girl students on **Self Defence**. Talks were conducted with the Women Cell of

Kerala Police and they offered a full day training for the girl students, which can be offered to the whole college during evening hours after the regular classes. Principal was also very happy regarding the programme and offered full support. And full day defence training were given to the girl students on 04-12-2019. But later the Police Vanitha Cell itself offered to train the girl students of the College by themselves.

## **V. Materials Provided**

The allotted funds for the benefit of the students were well utilized. All the students were given a College note book and a pen, just to note down their external as well as internal mentoring sessions. It was purchased from the College Cooperative Store.

## **V. Overall Feedback of the Programme.**

### **About WWS:**

#### 1. My overall experience as a coordinator-

It is a very well designed programme, which has got very high perspectives. If administered with passion and sincerity, it can play wonders in the life of the students. Today's generation have got lot of distractions like What's app, Face Book, Instagram etc. So, programmes like this will definitely remind them about their responsibilities to achieve more. This also points out the keen interest and insight of the Government, to groom the future generations for the betterment of our Nation.

#### 2. My Positive experience as a coordinator-

The youngsters are highly efficient. But their efficiency and energy is not tapped by people around them like parents / teachers as all are too busy with fast moving life style. But, programmes like this are just picking up the best students, to emphasize their importance and potential. Moreover, many students are just trying to score marks, without any particular goal. Knowing that they are a part of the “**selected few**”, will give them more confidence and remind them about aiming high, feeling more responsible and refraining themselves from distractions.

#### 3. Challenges of being a coordinator.

### **The following few were my hurdles when I worked as a Coordinator.**

a) Time constrains literally kills the programme. Though the green signal for the programme will be given well in advance, the sanction and release of funds is too late. So the programme will

start very late generally, and will get finished in a mess. As a coordinator, i know very few teachers take personal money to run the programme.

**b).** Too much of emails regarding the norms (which are likely to change very fast). It was quiet difficult to keep track of them, just because of its abundance.

**c).** Of course the emails reach the target within seconds. But it is not easy to provide the feedback, especially when data should be collected from mentors/ mentees. Being teachers, mentors will be going for their in service courses/ practical exam duties and similar kind of responsibilities. In addition to this, mentors as well as the coordinators will be having many other assigned duties, which also will be demanding immediate attention.

### **Modifications or improvisation that I have introduced in the WWS programme in our college-**

1. I have insisted the Internal Mentors to invite me during their mentoring sessions (though it is an additional work), not only to make sure about their activities but also to listen to mentees & to establish a touch of coordinators' perspective.

2. We did have a general body meeting with the whole WWS team (Mentees & Internal Mentors) on in between, to review the activities of each group. It was employed to motivate and to increase the activity spirits among different groups.

3. Giving up responsibilities for the mentees will boost up their confidence. The Self Defence training session was organized, thinking this in mind.

4. The WWS students have engaged more than 15 classes in and out the campus related to **Solar Eclipse**. They taught school children, general public in Libraries & Bus stands as well as their own home town. It was well appreciated and the students are now craving for assignments like that.

### **Suggestions to improve WWS**

**a.** Kindly arrange the funding according to the financial year from April to March. So that, we can begin with our next year External / Internal mentoring sessions leisurely from April/ May, which will save lot of time during College days.

**b.** Motivational visits should be given well in advance, so that it can be conducted without any impediments. When sanctioned after December, it clashes with University Arts Festival as well as the Practical Exams.

**c.** Majority share of the External Mentoring sessions were on Saturdays and Holidays. It was quite difficult for us to manage our family/ domestic responsibilities as we are at College, held

up with WWS activities. Kindly enhance coordinator's casual leave, at least for days in which they are coming to College for WWS activities.

d. We can use our WWS kids for social service sector- but not as in the case of NSS, for cleaning up premises or building roads. I won't say it is something bad. But let us make a difference for our WWS students- use them for academic purposes- in and out of the college. Classes done by WWS students during **December 2019 Solar Eclipse** is a very good example. If they are allowed to take class for their own batchmates in College, that will definitely boost up their significance. That even attracts students to WWS too.

e. The best personalities who engaged our students as External Mentors were-

1. Dr. P. M. Sidharthan (Rtd. ISRO Scientist)
2. Mr. T. Gangadharan (Rtd. HM), Former State Secretary of KSSP

### **WWS – 2019-'20: First Year Student List**

#### **Dr. Vijesh A.M**

1. Athira K
2. Manjima K. Ramesan
3. Swetha C.K
4. Drishya K.V.K
5. Sreelakshmi P.V
6. Chaithanya P.K
7. Aishwarya K

#### **Dr. Priyanka B**

1. Nandan D
2. Pranav K.V
3. Sidharth Satheesan
4. Athira Sudhakaran
5. Shyam Kumar C
6. Aswathi R

#### **Dr. Preethi K**

1. Swetha Krishna P.V
2. Rahila M.A
3. Sreya P
4. Navaneeth Shaji

5. Thejolakshmi M
6. Seethalakshmi P.V

**Mrs. Nithya K**

1. Abina K
2. Vijina K
3. Swathikrishna A
4. Anjana K
5. K. Fazleena Gafoor
6. Archana K

**Ms. Jijina K**

1. Surya E.V
2. Jyothika K.P
3. Harichandrana K
4. Krishnapriya M.K
5. Athira A.P
6. Malavika Unni

**WWS – 2019-'20: Second Year Student List**

**Mr. Dineshan D.A**

- |                       |           |
|-----------------------|-----------|
| 1. Adarsh C           | Maths     |
| 2. Ayana EP           | Maths     |
| 3. Adithya Pavithran  | English   |
| 4. Geethu Krishnan PV | Chemistry |
| 5. Anjitha Rajeevan   | Politics  |
| 6. Aishwarya T.V      | Politics  |

**Mrs Nisha VK**

- |                       |           |
|-----------------------|-----------|
| 1. Sandra Ajith       | Zoology   |
| 2. Chaithanya K       | Zoology   |
| 3. Anusree S Chandran | Chemistry |
| 4. Vismaya Vijayan    | Chemistry |
| 5. Sajna Mohan C. P   | Chemistry |

6. Rajeshwari V. R      Chemistry

**Dr Sreejith EK**

1. Aswin Chandran N. V      Physics
2. Vaishnav V      Physics
3. Anu Krishnan      Physics
4. Dhanashree K. V      Maths
5. Devika Dinesh      Maths
6. Sreehari P      Maths

**Mr Sudheesh KM**

1. Gopika P. C      Zoology
2. Fasila N. P      Zoology
3. Rasika P. V      Zoology
4. Malavika K      English
5. Abhishek Pookkidi      BCom
6. Sneha P.K.      BCom

**Mrs Krishna Nambiar**

1. Gopika Mohan      BBA
2. Arya Rajeev      Chemistry
3. Athira J      Chemistry
4. Kavya Raghavan      BCom
5. Megha Biju K      BCom
6. Pranavraj K      Hindi

**WWS – 2019-'20: Final Year Students List**

**Dr Jayaraj T. K**

1. Pradeep M. N      Botany
2. Athira V      Botany
3. Vismaya T      Zoology
4. Sneha K. V      Politics
5. Aparna Raveendran      Politics
6. Navyasree N.V      Zoology

**Dr Shyma P**

1. Anupama Sadanandan      Botany
2. Siddarth S Nair      Botany
3. Anusree P      Zoology



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|--------------------|----------|
| 4. Athulya P.P     | Zoology  |
| 5. Athulya E       | Politics |
| 6. Srijina Mol P.V | Politics |

**Dr Vigi V Nair**

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|------------------------------------|---------|
| 1. Rameesa Abdul Rehman            | English |
| 2. Jumana Haseen                   | BCom    |
| 3. Anitha K. V                     | BBA     |
| 4. Ashitha T                       | BBA     |
| 5. Nubda Muhammed Ali              | English |
| 6. Ezhupirayil Aleena Mariya Benny | English |

**Mrs Surekha T. V**

- |                   |           |
|-------------------|-----------|
| 1. Navami V.V     | Chemistry |
| 2. Nayana K       | Chemistry |
| 3. Aswathi M      | Chem      |
| 4. Nafeesath M. P | English   |
| 5. Aiswarya K     | Zoology   |
| 6. Aswathi C.K    | BCom      |

**Mr Suresh EV**

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|----------------------|-----------|
| 1. Sneha P. V        | Maths     |
| 2. Hari E.           | Maths     |
| 3. Divya Janardhanan | Maths     |
| 4. Pyari Suman C.H   | Fun.Hindi |
| 5. Sruthi K. K       | History   |
| 6. Varsha M.V        | Hindi     |