## N. S.S. UNIT NO.10, PAYYANUR COLLEGE, PAYYANUR, EDAT PO 670327 REPORT OF REGULAR ACTIVITIES-2018-2019

Sl. No	Date	Programme
1.	05/06/2018	World environment day – campus cleaning, tree planting
2.	27/06/2018	Making of notepads for welcoming first years
3.	28/06/2018	Making of notepads for welcoming first years
4.	30/06/2018	Mangrove plantation – filled polybags with mud for mangrove seedling nursery raising
5.	01/07/2018	Installed notice boards made by volunteers for NSS activities
6.	02/07/2018	Welcomed first year students by giving notepads made by volunteers
7.	06/07/2018	Installed two ring composting units in the campus for food waste disposal
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8.	07/07/2018	Training for yuvakarmasena, Kannur
9.	14/07/2018	Mangrove seedling nursery-raising – filled polybags with mud
		Nos Vinto-10
10.	15/07/2018	Payyanur college@54 years- participated and organised a programme inaugurated by MLA, presented books (all the books published by state balasahithya institute ) to Edanad West LP School. Expenses met by collection in the college by NSS volunteers
11.	20/07/2018	Chandra quiz – Vinodkumar (Physics dept.) was the quiz master
12.	23/07/2018	'harithaswanthwanam' – 1000 jack fruit tree seedlings given to students and few planted in campus. Seedlings given by HOPE charitable trust
13.	23/07/2018	Free breast cancer detection clinic – inauguration at Saba Hospital, Payyanur. Falicitated Nss Unit 10 in the function for service of the volunteers in the breast cancer brigade project.
14.	26/07/2018	World mangroves day – volunteers perfomed a street play at Chamber hall, Thrissur.



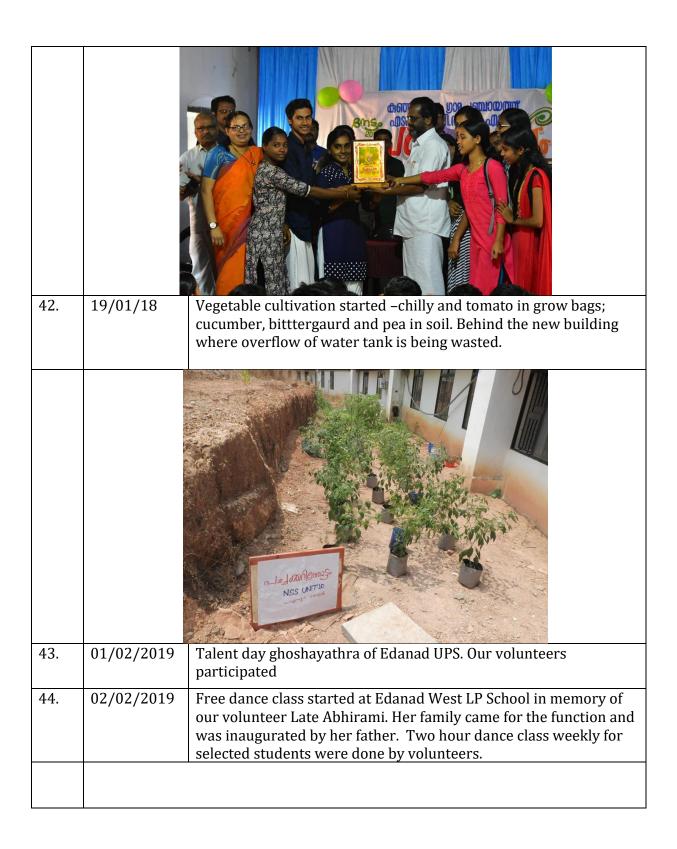


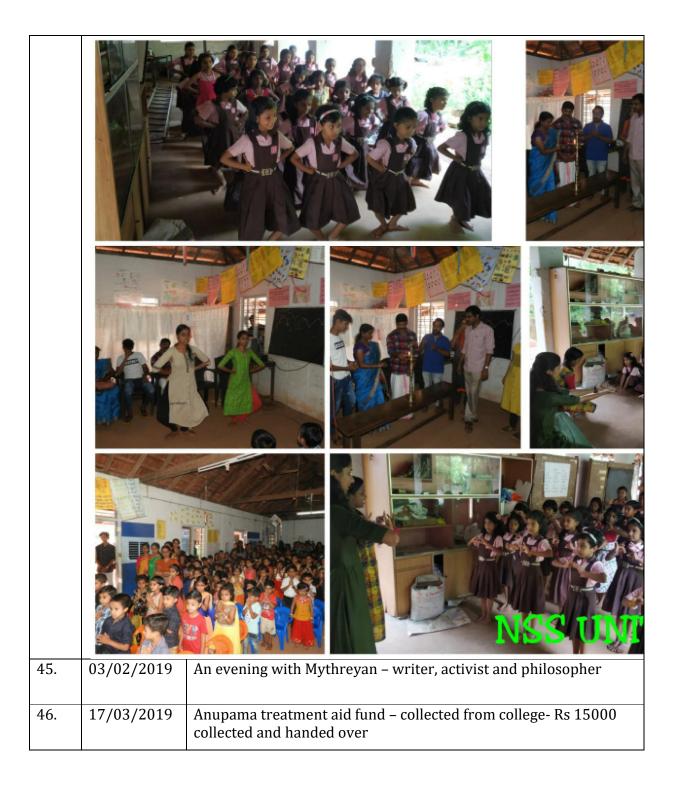
21.	05/09/2018	Teachers day –' gave snehasammanam'a packet with pen pencil etc to all teachers and greeted them
22.	15- 16/09/2018	Various activities including cleaning and gardening at college, in connection with NAAC visit.
23.	20/09/2018	Set up pen boxes in all the blocks to collect back the used ball pens, which will be refilled and reused.
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24.	24/09/2018	NSS Day – Organ Donation permission letter collected from students
25.	01/10/2018	Blood donation camp – Pariyaram Med College team – 35 students donated blood

26.	02/10/2018	Knowing the mangroves – visited the Mangalore area at Edat.		
27.	06/10/2018	Orientation class by Manoj, Pilathara Co op College for fresh volunteers.		
28.	15/10/18	University level Pre RD camp selection at college ground. Volunteered and participated in the program		
29.	29/112018	Repaired the road to new building		
30.	4/12/2018	Annual camp organising – planning-meeting at Puliyannur		
31.	6/12/2018	'snehasammanam' – a day with anganwadi kids of adopted village, Cherat. Presented them with coloring books, toys, story books and charts (drawn by volunteers). Taught the students on small paper craft works. Programs inaugurated by Panchayath Vice President.		
32.	10/12/2018	Annual camp organising committee meeting – to finalise camp programmes - at Puliyannur		
33.	18/12/2018	Hair donation camp – for cancer patients – inaugurated by Dr V C Ravindran. 35 students plus parents and friends of students donated hair		



36.	21/12/2018	Collected the used pens in the pen box - 1000 plus were there - About half, refillable. Refilled 100 pens for using in the special camp
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37.	22/12/2018	Cleaning of the well and surrounding – source of water for the whole college
38.	22/12/2018	Booklet making for special camp – 60 booklets made by hand binding
39.	23- 29/12/2018	Annual seven day camp at Puliyannur GLPS, Cheemeni.
40.	02/01/2019	Plastic free campus – removed plastics and other wastes from the campus
41.	08/01/2019	Practice for Talent day of Edanad UP School. All the various items to be presented by the kids on talent day were to be taught by our volunteers.







## **PAYYANUR COLLEGE NSS UNIT 10**

## **ANNUAL SPECIAL CAMP REPORT 2018-19**

The annual 7 - day camp of Payannur college NSS unit 10 was held from 23-12-2018 to 29-12-2018 at Puliyannur Govt. LP School. The camp formalities started with the registration process from the college garden and the volunteers were separated to six different groups for different duties at the camp place. There were a total of 50 first year students accompanied by ten senior volunteers and the NSS program officer Dr. P R Swaran and Smt. Raji, dept of English.

The journey from college to camp site was in the pre booked KSRTC bus. We started at 1 pm and reached camp site by 2 pm. The volunteers visited the nearby houses in team



informed and invited the villagers for the camp. By 4pm the vilambarajadha started. The jadha was made attractive with songs, clap and band performance by the volunteers. Several villagers also participated in the procession.

The **inauguration** ceremony was held at Puliyannur AKG club ground. The programme started with the NSS song. The welcome address was presented by the Programme officer. Sri Prajith P V, Convenor, Organising committee graced the occasion with presidential address. Innauguration was done by Mrs K Sakunthala, (President, Grama panchayat). Many other important personalities of that locality were there to wish us success. Dr Jayachandra Keezhoth (Principal, Payanur college), Mr. K Bhaskaran (Ward Member), Narayanan TP (Chairman, Org. committee) etc felicitated the function. NSS secretary Shri Ajay Babu K offered vote of thanks.



After the inauguration there was a session of **ice breaking** handled by Dr. K V Sujith, Dept of Chemistry, Payyanur College. The volunteers showed their hidden talents without any hesitation and soon formed a team.

There was a common schedule for the camp, which started with a morning walk/exercise at 6 am, followed by get together at 7.30 with paper release and planning and duty distribution of the

day. From 9 am to 1 pm physical work, 2-4 class/ discussion; 6-8 special programs; 8.30 to 10 cultural programs, camp reporting, analysis and paper making for next day. NSS is a stage where the students are free to involve in any programmes. NSS gives opportunity to each and every volunteer in the camp. The volunteers were given different work for different days. There were 6 committees altogether- kitchen committee, first aid committee, programme committee, discipline committee, tools committee and accommodation committee. Volunteers were asked to wake up at 5:30 am everyday for the morning walk/yoga/zoomba dance.

On 24-12-2018 – the main work for the day was to make a bund with sand filled sacks across the small stream for irrigating the agriculture fields of the villagers. The waok was greatly supported by the local people. The work was half way by noon and can be finished by one more days' work. Afternoon session was a class on **women and renaissance** by Dr Sindhu A. There was good debate and discussion in the session. The committees arranged for different works did their best to fullfill everyone's need. 24th night was something special for the volunteers. They decorated a beautiful christmas crib and sang **christmas carol** and walked all around the village visiting houses from houses with the local people there. The people of Puliyannur have given us all the support for the smooth going of the camp. At night the volunteers had their own entertainment programmes where they showed their talents. The local people visited the camp and enjoyed the cultural programmes in large numbers; and many of them participated and performed on the stage. The last task was the camp evaluation and camp report of the day and paper for next day.

25-12-2018 – the day was started with zoomba dance training by Rijin and collegues, Physical education teachers. All the volunteers actively participated and enjoyed the exercise cum entertrainment. The major work for the day was completion of the bund construction, which was almost finished by noon. After the lunch, there was a class on **environment** by Mr. Ramith M, Field Officer, WTI. After the tea break was an interesting class cum video show on nature by Jayesh Padicahal, noted wildlife



photographer. Two of the retired teachers from college, Prof. K Janardhanan, and Dr. KC Muralidharan visited the camp in the evening and shared their feelings and wishes to the students. Well planned cultural programmes (Christmas celebrations) followed, with huge participation of the villagers and the day ended up with cake cutting and camp evaluation of the day.

26-12-2018 was the day of our journey in search of local places of importance. Visited the water treatment plant, agri farm, and the local forest. There were local guides who provided us with informations. In the evening, a small but cute garden was made in the school compound with plants collected from the nearby houses and a fencing with yellow bamboos. After tea there was

a class by Dr. Sapna Jacob on **drug abuse and its effects.** Cultural programmes and camp evaluation followed.

On 27-12-2018 the major work was cleaning an abandoned pond near the camp. Villagers helped us and guided. In the afternoon there was an interesting class cum domenstration on **the politics of soap** by Shri Rajesh P T, Vellur HSS. The volunteers learned the art, science and politics of soap making. At 4pm there was an interesting volley ball match between the NSS team and the villagers' team. The match was viewed by many and was won by the villagers team (3-2). The same spirit was continued in the entertainment programme at niggt along with the villagers. Majority of the programmes were performed by the local people across different ages. The day was ended with camp evaluation.

On 28-12-2018 the pond cleaning was finished by noon. The afternoon class was lead by Dheeraj Dileep, a consultant psychologist on **teenage and mental challanges**. There was good discussion on the topic. The last night of the camp was made memorable with different cultural programmes and dance by all.

29-12-2018 was the last day there. The volunteers shared their camp experience with everyone. The volunteers then cleaned the school and handed over the area to the Headmaster, in a condition better than the situation when we started. The closing ceremony was inaugurated by Smt V P Janaki Teacher, President, Block



Panchayath and the volunteers and the villagers shared their experience. Syndicate member, A Nisanth, and many of the campers and villagers spoke. We returned from there by 12 and reached college by 1:30am. The camp gave the volunteers many experiences on coexistence, caring and sharing which will be useful in their future.